

Group Fitness Terms Conditions & Recommendations



TERMS AND CONDITIONS:

- All participants are required to get an entry ticket for the class
- Classes have maximum participant capacity due to space and equipment limitations
- Latecomers will not be permitted to the class once it is in progress
- Bring a towel and unbreakable water bottle (no glass permitted)
- For health and safety purposes enclosed athletic footwear are required for functional type workouts, bare feet are permitted for mind body programs
- Classes and instructors can change without notice

RECOMMENDATIONS:

- Aquafit participants wear good supportive swimwear
- To wear a hat, sunscreen, sunglasses, and a rashie