

What's On

The Meeting Place MARCH-JUNE

BOOKINGS ESSENTIAL UNLESS OTHERWISE STATED

Book online at fremantle.wa.gov.au/whatson or fremantle.eventbrite.com or in person at **The Meeting Place** or **Fremantle Library**

Join anytime

WALK, TALK AND COFFEE

The Meeting Place

Join our friendly group for a leisurely stroll through the streets of Freo, before partaking in a hot cuppa and a chit chat at a local coffee shop. We also meet for movies, meals and other social activities.
Every Tue 2 Jan-26 Mar | 8-9.30am
Free, no bookings required

Starting March

FROM ECO-ANXIETY TO ECO-HOPE

The Meeting Place

Eco-anxiety (anxiety around the state of the planet) is a normal and appropriate response to the crisis we see unfolding around us. This reflective workshop will help you discover strategies to address your concerns and feelings using your creativity, connection, and self-compassion in a non-judgemental and collaborative environment.

Sun 10 Mar | 1-4pm | \$50, bookings essential

Starting April

VEGGI CHIT CHAT

The Meeting Place

Have fun cooking and sharing a vegetarian meal with this friendly group. You do not have to be a vegetarian to enjoy the delicious recipes and ideas that are shared by all.

Fortnightly Thu 4 Apr-27 Jun
10am-1pm | \$13/quarter, bookings essential

FRENCH FOR EARLY INTERMEDIATES

The Meeting Place

Join this social group to improve your spoken French as well as reading and translating in a relaxed environment. This group suits solid beginners to early intermediates with some practical knowledge. Note: No session 25 Apr.

Every Thu 4 Apr-27 Jun | 11am-12pm
\$17/quarter, bookings essential

FRENCH CONVERSATION

The Meeting Place

Suits intermediate level French speakers. Emphasis is on using practical everyday French with greater confidence, proficiency and expanding knowledge in all things French.

Every Fri 5 Apr-28 Jun | 10-11.30am
\$17/quarter, bookings essential

TIME OUT TO QUILT

The Meeting Place

Become a Cosy Quilter. Bring your quilting, sewing machine and fabric. This is a social group that is also open to those who enjoy sewing, embroidery, knitting or crochet. All abilities welcome.

Every Fri 5 Apr-28 Jun | 10am-12pm
\$17/quarter, bookings essential

BASIC BRIDGE

The Meeting Place

Join this social group to learn the game of Bridge in a fun and engaging group. You'll get to know the basics of the popular card game with hands-on instruction and of course, play a few rounds each week! Have fun and enjoy! Perfect for absolute beginners and those with some basic knowledge of the game.

Every Fri 5 Apr-28 Jun | 1-3pm
\$17/quarter, bookings essential

BRIDGE FOR BEGINNERS

The Meeting Place

Join this social group to learn the basics of Bridge and put them into practice in a fun and engaging group. You'll get to know the basics of the popular card game with hands-on instruction and of course, play a few rounds each week! Have fun and enjoy!

Every Fri 5 Apr-28 Jun | 1-3pm
\$17/quarter, bookings essential

WOMEN'S JOURNAL WRITING PROGRAM

The Meeting Place

We live our lives in contexts that shape (and limit) what we think about ourselves, our worth, our abilities, and our voice. In this 8-week program, women will be invited to explore various topics using writing, sharing, and listening, to experience and affirm their authentic voice and deeper wisdom. We are more than we think we are.

Every Mon 8 Apr-27 May | 6-8pm
\$90, bookings essential

YOUTH JOB SEARCHING TIPS & TRICKS – SMASHING EARLY CAREER GOALS!

The Meeting Place

Get ahead this Youth Week with this vibrant and engaging presentation that is packed full of helpful hints, tips, and tricks to support young Job Seekers with more innovative ways of finding employment.

Thu 11 Apr | 2-3.30pm | \$15,
bookings essential

I SPY QUILTS

The Meeting Place

Join this dedicated group of quilters to make a quilt for children in foster care.

Fortnightly Fri 12 Apr-21 Jun
9am-12pm | \$13/quarter, bookings essential

MONDAY BOOK CLUB

The Meeting Place

If you love reading and talking about books, this is the group for you. This monthly book club will read a different book each month, then meet to discuss, with a healthy dose of laughs. Pick-up and read the novel prior to the first session.

Mon 15 Apr, 20 May, 17 Jun
1.30-3.30pm | \$10/quarter, bookings essential

FUN & CHEAP WAYS TO ORGANISE YOUR HOME

The Meeting Place

Wasted storage solutions is a huge clutter trap! Containers purchased with good intention often go unused. In this fun and interactive workshop, Professional Organiser Sara Hall will show you how to get it right the first time. Sara will also share some of her favourite budget storage containers and how to creatively use them.

Tue 16 Apr | 6-7pm | \$30, bookings essential

PARENTS AS CAREER COACHES

The Meeting Place

A straight-talking presentation giving Parents & Carers ideas on how and where to start. It is aimed at participants who want to help a young person with their career opportunities and employability skills.

Thu 18 Apr | 5.30-7pm | \$30,
bookings essential

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TOWER OF STRENGTH

The Meeting Place

Do you recognise your strengths? This workshop provides space to explore and express your individual gifts and strengths by working with clay intuitively to create your Tower.

Mon 22 Apr | 10-12pm | \$40, bookings essential

TAME YOUR EMAIL

The Meeting Place

Does your email feel out of control? Overwhelmed by the sheer number, missing important information, appointments and deadlines, wasting time wading through trying to find specific emails. Learn strategies to master your email overload once and for all. Join Professional Organiser Sara Hall in this interactive workshop and learn the key steps in decluttering and organising your emails.

Tue 23 Apr | 6-7pm | \$30, bookings essential



MEDITATION - BENEFITS AND PRACTICAL APPLICATION

The Meeting Place

Meditation has been proven to significantly reduce stress levels, improve sleep and mental focus. Join this practical workshop where you will learn about the different types of meditation and how they are performed before participating in four short, guided sessions covering 4 methods of meditation: Visualisation, Breathwork, Scanning the body, and focussing on Sound.

Mon 29 Apr | 9.30-11.30am | \$30, bookings essential

ITALIAN ELEMENTARY 2

The Meeting Place

Continue your journey through the Italian language with Stefania over 8 weeks with this level 2 beginners course. Appropriate for people who know a little Italian and have completed the Elementary Level 1 course. Note: No class 3 Jun.

Every Mon 29 Apr-24 Jun | 9-10.30am - \$99/8 weeks, bookings essential

ITALIAN PRE-INTERMEDIATE 2

The Meeting Place

Italian is a beautiful and colourful language. Build on your conversation skills with Stefania in this 8-week level 2 pre-intermediate course. Must have a practical knowledge of Italian or have completed Pre-Intermediate Level 1. Note: No class 3 Jun.

Every Mon 29 Apr-24 Jun 11am-12.30pm | \$99/8 weeks, bookings essential

SPANISH LEVEL 3

The Meeting Place

Your journey through the colourful Spanish language continues in this level 3 beginners class. You will build on your knowledge of conversational Spanish with focus on correct pronunciation, holding conversations, and more. You must have a solid understanding of Spanish, or completed the Level 2 course.

Every Tue 30 Apr-18 Jun | 6-7.30pm \$99/8 weeks, bookings essential

Starting May

ITALIAN INTERMEDIATE 2

The Meeting Place

Continue building your conversation and practical Italian skills with Stefania in this 8-week level 2 intermediate course. Must have a practical knowledge of Italian or have completed Intermediate Level 1.

Every Wed 1 May-19 Jun 11am-12.30pm | \$99/8 weeks, bookings essential

SPANISH LEVEL 1

The Meeting Place

Embark on a fun and adventurous 8 week journey into the lively Spanish language. Yvonne leads this playful, interactive class with an emphasis on conversation and complementary grammar. Students should bring notebooks, pens and a Spanish-English dictionary, if possible.

Every Wed 1 May-19 Jun | 6-7.30pm \$99/8 weeks, bookings essential

SPANISH LEVEL 2

The Meeting Place

Continue your journey with the Spanish language. Build skills and confidence over 8 weeks of fun and laughter. Open to those that have mastered the basics or already have some basic knowledge of Spanish or have completed the Level 1 course.

Every Thu 2 May-20 Jun | 6-7.30pm \$99/8 weeks, bookings essential

UNIQUELY DESIGNED JEWELLERY

The Meeting Place

Learn how to use your beloved broken jewellery to recreate a unique piece for yourself or for a gift to someone. BYO jewellery to upcycle – we'll also have some materials available on the day. This is a new way to use broken jewellery without sending products to landfills.

Tue 7 May | 10-11.30am | \$30, bookings essential

CONQUER PAPERWORK & YOUR HOME OFFICE

The Meeting Place

Frustrated by piles of paperwork, not being able to find what you need, a desk with no working space? Wish you could push the pause or rewind button...and remove unnecessary chaos and stress. Join Professional Organiser Sara Hall in this interactive workshop and learn the key steps in decluttering and organising your home office.

Tue 7 May | 6-7pm | \$30, bookings essential

BECOMING A MUMPRENEUR

The Meeting Place

This fun, informative and vibrant presentation provides tips & tricks to help save participants time, energy and money – plus it aims to increase productivity levels and success! An exciting workshop aimed at first time female business owners and 'Mumpreneurs'. Facilitated by Aly Bannister, WA's Gold Award Winning 'AusMumpreneur' for B2B 2021.

Tue 14 May | 5.30-7pm | \$30, bookings essential

WILDFLOWER ESSENCE HEALING

The Meeting Place

Learn the basics of natural healing, using traditional Australian bush flower knowledge to prepare effective remedies and natural therapies for a range of maladies.

Wed 15 May | 9.30-10.30am | \$30, bookings essential

SOUL PURPOSE

The Meeting Place

Many people ask the question: What is My Soul Purpose? In this workshop we will explore what this means and how you can reach fulfilment in your life. There will also be a short meditation allowing you to connect to your heart centre where all the answers are.

Fri 17 May | 9.30-11.30am | \$30, bookings essential